

COSCA Supervision Training



INTRODUCTION

The course is aimed at counsellors with a Diploma in Counselling or counselling skills users with a COSCA Counselling Skills certificate or equivalent as their training. It is designed to stimulate the less experienced practitioner into a better understanding and use of supervision, as well as to provide a significant first step for the longer trained and more experienced practitioner in their role as supervisors. The course is also aimed at experienced CBCS volunteers.

THE COURSE

The course is delivered in two parts:

1. Certificate in Counselling Supervision Skills

This part of the course gives practitioners an in-depth understanding of supervision and how to use it effectively. The Certificate can be completed in its own right or used as the first step in gaining the Counselling Supervision Certificate.

2. Certificate in Counselling Supervision

This part of the course, which is in addition to the above, involves supervisory work. You must be in a position to supervise at least 2 counsellors/counselling skills users and submit a 2000 -2500 word case study based on your work as a supervisor.

WHO IS THE COURSE SUITABLE FOR?

Certificate in Counselling Supervision Skills: requires participants to have no less than the COSCA Counselling Skills Certificate (or equivalent) as their training.

Certificate in Counselling Supervision: requires participants to have a Counselling Diploma (or equivalent) and substantial, at least 2 years experience as a counselling practitioner, be in a counselling supervisory relationship and minimum of 150 hours supervised client work.

CBCS Bounded Certificate in Counselling Supervision

CBCS volunteers who do not have a Counselling Diploma but who do have a substantial body of experience plus CBCS accreditation may be eligible to obtain a CBCS Bounded Certificate in Counselling Supervision. (For further information please see Bounded Supervision Certificate flier)



COURSE AIMS

- To introduce participants to essential theoretical concepts of counselling supervision
- To introduce practice skills essential to supervision
- To provide participants with an opportunity to practise these skills in a safe and supportive environment
- To set these skills and the theory within an ethical framework
- To increase personal growth and self awareness as pertinent to counselling supervision
- To provide a suitable foundation for possible further training in supervision

A COSCA leaflet on the course outline is available on the CBCS and COSCA websites: www.cosca.org.uk and www.crusescotland.org.uk

COURSE CREDIT RATING

10 SCQF Credits at Level 8 (COSCA Counselling Supervision Skills Certificate)
15 SCQF Credits at Level 8 (COSCA Counselling Supervision Certificate)

TRAINERS

The CBCS Trainers who are facilitating this course are highly experienced counselling practitioners, COSCA Accredited Trainers who have substantial expertise in supervision. CBCS standard is to have a ratio of 2 Trainers to a maximum of 14 course participants.

ASSESSMENT

The course involves formative and summative assessment. Formative assessments will be in the form of observation and feedback on triad practice/trainee presentations/group work etc and summative assessment will involve written assignments, transcript/analysis, case study (2000-2500 words). Self-evaluation is also a feature of the course.

VALIDATION STATUS

COSCA validation has been applied for.

COURSE DATES

Certificate in Counselling Supervision Skills (Part 1)

This part of the course is structured into 12 units delivered over 6 days:

Saturday 15 January 2011
Saturday 5 February 2011
Saturday 26 February 2011
Saturday 12 March 2011
Saturday 2 April 2011
Saturday 21 May 2011

Closing date for applications: 3rd December 2010

ATTENDANCE

100% attendance is expected. The minimum attendance is 11 out of the 12 units to be considered for certification. Units 11 and 12 are compulsory for those wishing to complete the Certificate in Counselling Supervision.

Certificate in Counselling Supervision (Part 2)

In addition to the above, participants must undertake supervisee work and submit a case study. This must be completed within 12 months of starting the course. A minimum of 12 hours of supervisee work is required. Course participants will also be required to have one hour of supervision for every 6 hours of supervisee work.

Trainees who are not current CBCS volunteers who are interested in becoming CBCS supervisors and require supervisee work for the course may wish to approach their local/regional CBCS service.

COST

£750 (CBCS) £850 (Non CBCS)

LOCATION

Glasgow

HOW TO APPLY

Please telephone: 01738 444178
E mail training@crusescotland.org.uk

Places: maximum 14 participants.

CBCS is the training provider for this course. Our policies include: anti-discrimination, equal opportunities, complaints and grievance procedures.

FURTHER INFORMATION

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