We invite applications from CBCS volunteers, prospective volunteers and other professionals who may wish to undertake this training to support them in other voluntary or paid work.
BACKGROUND

In 2004 Cruse Bereavement Care Scotland (CBCS) commissioned the Child Bereavement Charity (CBC) to write this training course partly funded by the Scottish Executive. The course was piloted in 2005/06 by CBCS and CBC and proved very successful. The course received full COSCA validation status in 2007. (COSCA - the professional body for counselling and psychotherapy in Scotland).

COURSE AIM

To enable trainees to develop a range of techniques to work effectively with bereaved children and young people according to each child or young person’s individual needs.

The course will not aim to equip trainees to counsel children/young people, but rather to support them in the context of their family and their experience of bereavement.

COURSE REQUIREMENTS

Trainees will be required to be in a supportive working relationship with bereaved children/young people from unit 4 onwards of the course. The opportunity to bring practice experience into the training environment enriches the learning experience for the whole group.

WHO IS THE COURSE SUITABLE FOR?

CBCS volunteers and other professionals who support and work with bereaved children and young people.

ABOUT THE SELECTION DAY

CBCS will be looking for evidence that you have some of the following:

- knowledge of child/young people’s development
- knowledge of children’s rights and needs
- a good understanding of general bereavement theory
- experience of working with bereaved people
- well developed listening skills
- a clear understanding of and commitment to working with core values

If you feel you do not meet all of these requirements you can still apply for a place. The Course Trainers will look for evidence of your ability to develop in any of these areas. As part of the selection process, you will be asked to write a short paper (600 – 1000 words) on how you experienced the day and its impact on you. Full guidance will be given by the Trainers on how to
complete this task. You must submit it to the CBCS National Office within 10 days. You will be told within a further 10 days if you have been selected to undertake the training.

**COURSE CONTENT**

The course will include the following:

- Supporting bereaved children and young people
- Models of child development
- Working safely and creatively
- Supporting children and young people in different contexts working with their individual needs
- The importance of endings
- The importance of practice review and supervision

**ASSIGNMENTS AND COURSE WORK**

Trainees will be asked to submit the following:

- A short written piece on their experience of the selection day - (600 -1000 words)
- A Learning Journal
- A written assignment: The needs of a bereaved child/young person and how a professional supporter might assist them (2000 - 2500 words)
- Supervised Practice Report (2000 - 2500 words)

**BEFORE YOU APPLY**

**Your experience of loss:** As with all our training we encourage applicants to consider their own experience of loss and how that might affect their participation in the training.

Generally speaking, the course is not usually suitable for anyone who has suffered a recent significant personal loss or bereavement. The CBCS Training Development Manager will be happy to discuss your circumstances with you in confidence before you submit an application.

**Attendance** It is the policy of CBCS that we do not accept planned absence from a training course. We therefore expect all applicants to be in a position to commit fully to attend all specified dates for the training. Once the training is underway should illness or other circumstances cause you to miss one day or more it will be at the discretion of CBCS and its trainers whether or not you can complete the course.
Following a Selection Day, the course is structured into 6 units delivered over 6 weekends throughout the year.

The cost of the course is £995 per head. The course fee is due prior to commencing the course.

Places: maximum 14 participants.

The course is usually run in the Central Belt, but the location may vary depending upon demand.

Please telephone our Training Administrator on 01738 444178
E mail training@crusescotland.org.uk

CBCS is the training provider for this course. Our policies include: anti-discrimination, equal opportunities, complaints and grievance procedures.

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