



Cruse Scotland

Bereavement Support

This Christmas, please help children whose lives have been shattered by the death of a loved one.

You will help young people like 10 year old Thorin who received support from Cruse Scotland, after the sudden death of his Dad.

“When my dad died I felt so sad and scared, and I became confused and angry.”

“Speaking with Annamarie at Cruse Scotland really helped me”



Read Thorin's story www.crusescotland.org.uk/christmas

“As a parent, it was heartbreaking to see my son struggle and not knowing how to help him. He just became stuck and seemed unable to process what had happened.”

“Thanks to the Children’s Bereavement support we received from Cruse Scotland - **my wee boy is back!**” Diana, Thorin’s mum.

We desperately need to train more specialists to provide our bereavement support to children and young people.

Unless we can build more resource to cope with the demand for these services, the likelihood is we ultimately have to turn people in need, like Diane and Thorin, away.

You can ensure that does not happen - please donate this Christmas. Here’s how your gift could make a difference.

£1,200

could recruit, train and support a specialist who will be there for children who are shattered by the death of someone close

£600

is the cost to provide a full block of bereavement support sessions that are tailored to the age and the stage of grief of each child

£50

could cover the cost of a one-to-one bereavement support session with a child or young person struggling with grief

£30

could buy art materials, toys and books that help children to open up and speak about their feelings with their bereavement specialist



**Cruse
Scotland**
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crusescotland.org.uk/donate