Cruse Scotland proudly presents a full day conference for multi-sector professionals.

Cruse Scotland
Bereavement Support

CONFERENCE ON TRAUMA & GRIEF

Understanding people. Changing practice.



Tuesday 16 March 2027

Apex Hotel, Dundee

Keynote speaker:

David Trickey

David Trickey is a leading Consultant Clinical Psychologist and Co-Director of the UK Trauma Council. David will explore the impact of trauma, loss and grief on children, young people and adults and how professionals and systems can respond more effectively.

The event is designed for professionals working across education, youth work, justice, legal services, housing, health, social care, local authorities, and voluntary and community organisations.

Thank You to Irwin Mitchell for their sponsorship support towards this event.

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HOW TO BOOK

£120 per person — Early Bird rate if booked by 31 December 2026

£150 per person — Full price from 1 January 2027

Exhibition Tables

A fantastic opportunity to showcase your business to a range of sectors.

Corporate Exhibition Tables £350

Third Sector Exhibition Tables £250

Exhibition spaces are limited.

Bookings / further information

Website: crusescotland.org.uk/conf2027

Email: conference@crusescotland.org.uk

Or scan the QR code.

Cruse Scotland is a registered charity SC031600

Focus Sessions

As part of the day each attendee can select two interactive focus sessions to join from a choice of six:

- **When Grief Looks Like Something Else**
  Understanding withdrawal, anger and disengagement in grieving children and young people. Exploring the less obvious signs of grief and their impact on emotional wellbeing, relationships and behaviour, while considering how professionals can recognise underlying distress and respond with understanding, compassion and appropriate support.
- **Trauma, Grief & Neurodiversity**
  Understanding how neurodivergent people may experience and communicate grief and trauma, and how support can be designed to meet the needs of the people who need it.
- **Trauma, Grief & Risk-Behaviours**
  Exploring how unresolved grief and trauma can contribute to behaviours such as self-harm and risk-taking, the impact these can have on individuals and those around them, and how they can significantly increase vulnerability to involvement in the justice system.
- **Trauma-Informed Practice for Employers**
  Looking at how workplaces can recognise the impact of trauma and grief on employees, and help create supportive, understanding and psychologically informed environments for their teams.
- **Trauma, Loss & Life-Changing Event**
  Loss is not only associated with bereavement but can also follow major life events such as relationship breakdown, job loss, loss of independence, changes in health or a life-changing accident. Exploring how to professionally support clients when everything has changed, balancing empathy with professional boundaries, remaining compassionate without becoming emotionally overwhelmed, and building the foundations of a trusting professional relationship.
- **The Professional & Vicarious Trauma**
  Who supports the people who support everyone else? Understanding the emotional impact of supporting people through trauma and loss, and recognising the importance of our own wellbeing in building resilience and preventing compassion fatigue.

Why attend?

Hear — gain insight from leading voices, including keynote speaker David Trickey.

Understand — explore how trauma and grief can affect behaviour, relationships, communication and engagement.

Connect — meet professionals from different sectors and perspectives.

Explore — choose two practical workshops tailored to the challenges you face.

Apply — leave with ideas, approaches and reflections you can take back into practice.

ONE CONFERENCE. MANY PERSPECTIVES. ONE SHARED PURPOSE.

Understanding people. Changing practice.